

Health & Wellbeing Board

Meeting held on Wednesday, 27 February 2019 at 2.00 pm in F10 - Town Hall

MINUTES

Present: Councillor Louisa Woodley (Chair);
Dr Agnelo Fernandes (NHS Croydon Clinical Commissioning Group) (Vice-Chair);
Councillor Jane Avis
Councillor Margaret Bird
Councillor Janet Campbell
Councillor Simon Hall
Councillor Yvette Hopley
Rachel Flowers, Director of Public Health - Non-voting
Emma Leatherbarrow, Healthwatch Croydon
Robert Henderson, Executive Director of Children, Families and Education
Jonathan Northfield, South London and Maudsley NHS Foundation Trust
Michael Fanning, Croydon Health Services NHS Trust
Steve Phaure, Croydon Voluntary Action - Non Voting

Apologies: Councillor Alisa Flemming, Guy Van-Dichele and Michael Bell

PART A

1/19 **Chair's Communications**

A minute silence was observed by the Board for the late Maggie Mansell, who was a long serving Councillor and previously the Chair of the Health & Wellbeing Board.

2/19 **Minutes of the Previous Meeting**

RESOLVED that the minutes of the meeting held on 24 October 2018 were agreed as an accurate record.

3/19 **Disclosure of Interests**

There were no disclosures at this meeting.

4/19 **Urgent Business (if any)**

There was none.

5/19 **Public Questions**

There were none.

6/19 **Health & Wellbeing Board Workshop Feedback and Youth Plan Update**

The Board considered the report which provided an update on three related strands of work around supporting children and young people in Croydon; the Health and Wellbeing Board workshop, Croydon's five year Local Transformation Plan (LTP), and the key actions to be included in Croydon's Youth Plan.

The Chair welcomed comments from the school representatives present regarding the mental health and wellbeing of young people in connection with the Youth Plan, and how the Board could liaise with the local schools going forward.

Ms Jenny Adamson, Saffron Valley Collegiate, explained that there were concerns for the lack of resources within early years prevention work. It was explained staff who worked in schools were receiving mental health first aid training and there was a focus on how mental health manifests within the classroom.

The Broadmead Primary School representatives explained they had introduced a nurture provision, one held in the mainstream school building and one in the school grounds. This was a 12 week programme of nurture, where parents were worked with closely and it included signposting to outside agencies.

Councillor Avis noted that there was discussion at the previous Health & Wellbeing Board regarding the increase of young women being admitted to Accident & Emergency due to self-harm. In response to Councillor Avis, Ms Adamson noted that the cohort of young people showing signs of poor mental health within schools was largely young males who were acting out traumatic experiences; this was a huge concern as it was unsafe for the individual and others around them. The Broadmead Primary School representatives added that the behaviour from young males was often more apparent and young women showed symptoms in a less obvious way, and often slightly later in life. The Director of Public Health noted that evidence showed that different genders responded to trauma in different ways; it was often displayed in violence with women, either against themselves or others.

In response to Councillor Hall the representatives present explained there was a challenge with providing help within the school setting, especially mainstream schools, but the introduction of drama and music therapy had proven positive. It was explained that due to the lack of resources the schools were unable to focus on preventative schemes and had to wait until the individuals were a higher priority before intervening.

The Executive Director for Children, Families, Education and People stated that a school survey was to be circulated, likely on Monday 4 March 2019, requesting information on mental health resources available to schools and if further support was needed. He explained that from this it was hopeful that the resources and capacity could be sought to breach the gaps to ensure schools were able to provide full, preventative schemes. The outcome of the survey would be discussed at the head teachers' breakfast. Councillor Avis requested that the school representatives attend a future Health & Wellbeing Board meeting to feedback after the survey had been completed.

In response to Andrew Eyres, NHS Croydon Clinical Commissioning Group (CCG), the Chair noted that there would be further engagement on the Youth Plan to identify any gaps. The Croydon Voluntary Action representative added that they could work with the schools to identify services to help bridge the gaps.

The Director of Public Health noted that she had attended the South London and Maudsley NHS Foundation Trust (SLaM) Board on 26 March 2019 where it had been discussed that it was difficult to create one plan to cover all complex mental health issues. It was crucial to help those in the community through frontline, preventative services, including; schools, churches and mosques.

Sally Wadsworth, the Joint Head of Integrated Commissioning Children and Maternity and Category Manager for Early Help and Child Health explained that the Children and Young People's Emotional Wellbeing and Mental Health partnership board would create an easy-read version of the Youth Plan and would engage with young people to help write it. The Board was currently looking at young peoples' pathways to focus on establishing the key headlines the Board wanted to achieve.

In response to Ms Adamson the Chair confirmed that adult and youth services would be working collaboratively through the work of the First 1000 Days project.

Councillor Avis noted that the effects of social media and drug use needed to be included in the youth plan.

RESOLVED – That the Board agreed to:

- 1) Note the outputs of the HWBB workshop held on the 5 December 2018 on Children and Young Person's Mental Health.
- 2) Approve the proposed actions within the three children's priorities agreed by Health and Wellbeing Board in October 2018 for inclusion in the Youth Plan

- 3) Discuss the proposals to take forward the priorities Croydon's draft LTP (local transformation plan) for improving Children and Young People's Emotional Wellbeing and Mental Health.
- 4) Review and sign off Croydon Clinical Commissioning Group's LTP (local transformation plan) for Children and Young People's Emotional Wellbeing and Mental Health.

7/19

Director of Public Health's Annual Report - The First 1000 days

The Board considered the Director of Public's Health 2018 Annual Public Health Report, which was presented to Council Cabinet in November 2018 and the CCG Governing body in January 2019. The report focused on the first 1000 days of life and included pre-pregnancy health and Adverse Childhood Experiences. It was explained that the implementation of the report recommendations would support the delivery of the three Health and Wellbeing Board children's priorities, in particular the first 1000 days and healthy weight.

The Healthwatch representative noted that one of their main focuses within Croydon was perinatal mental health. The Director of Public Health agreed to engage with Healthwatch, in addition to SLaM and Croydon CAMHS, to ensure the community was represented. Furthermore, the Director agreed that there was an issue within the Borough regarding immunisation, which included cancer screening, and would discuss this with Healthwatch. Councillor Avis noted that Croydon had over 100 languages spoken and often medical advice and reports would be hard to interpret with English as a second language. It was agreed that the Board would consider a report on screening and immunisation at a future meeting.

The following Board Members agreed to be on the task and finish group: the Health & Wellbeing Board Chair, Councillors Avis, Flemming and Hall, Andrew Eyres (CCG) and Emma Leatherbarrow (Healthwatch).

The Chair encouraged the Board to email the Director of Public Health with any further comments on the annual report.

RESOLVED – That the Board agreed:

- 1) To take the responsibility for the oversight of the 34 recommendations and the monitoring of their implementation and impact.
- 2) Note the arrangements that are already in place to support implementation of the recommendations.
- 3) Support the creation of a task and finish group to monitor implementation progress.

Health and Wellbeing Strategy

The Board considered the Health and Wellbeing Strategy, including the development of a forward plan shaped by the actions agreed by the Local Strategic Partnership Board and other relevant partners. The Public Health Consultant, Dr Jack Bedeman, noted that the key changes since the draft Health and Wellbeing Strategy was previously presented to the Board in October 2018 was the inclusion of the outcomes for both the strategy and the Health and Care plan. These outcomes had been developed with the One Croydon Strategic Development Board.

Councillor Hopley noted that the communication and engagement between the Health & Wellbeing Board and the community needed to be improved as residents were not aware of the plans being developed and other ongoing projects. It was suggested that the information was circulated to resident associations and GP surgeries as hard copies. The Public Health Consultant confirmed that there would be a press release and an article in Your Croydon regarding the development of the strategy.

In response to the Croydon Voluntary Action representative the Chair explained that the Health Summit on prevention work had been delayed but this would be organised at the next Health & Wellbeing Board Executive meeting and information would be distributed to all Board Members.

The Statutory Board Members signed the Health & Wellbeing Board strategy.

RESOLVED – That the Board agreed to:

- 1) Sign off the Health and Wellbeing Strategy.
- 2) The development of a forward plan for the Health and Wellbeing Board aligned to the actions and commitments within the Health and Wellbeing Strategy.

Croydon Health and Care Transformation Plan and the NHS long term plan

Croydon Health and Care Transformation Plan

The Board considered the outline of Croydon's Health and Care Transformation Plan, which would be a key delivery plan of the Health and Wellbeing Board's Strategy, which in turn provided the health and care and in parts the wider determinants response to the Croydon Local Strategic Partnership vision. The plan would also inform the South West London Health and Care Partnership Plan which was being refreshed.

The Director of One Croydon Alliance Programme, Rachel Soni, explained that the Board was being requested to note the plan and agree it was the right

approach before the final version came to the Board for sign off before publishing it in July 2019.

The Vice-Chair stated that the plans should be clear, easy to monitor and ensure they were delivered. He agreed with Councillor Hopley's previous comment regarding the communication from the Health & Wellbeing Board to the public and noted that these plans should be publicised.

Fouzia Harrington, CCG, noted that the Transformation Plan was in the implementation phase and reflected the journey so far. In response to the Croydon Voluntary Action representative it was explained that the final document was to be published in summer 2019. Andrew Eyres, CCG, added that they would be engaging with public members to tailor the information included within the plan.

NHS Long term Plan

The Vice-Chair introduced the report and highlighted that the three key areas identified were; making sure everyone gets the best start in life, delivering world-class care for major health problems, and supporting people to age well.

The Board discussed the structural changes to the CCG and the Chair noted that she and the Leader had received a letter from NHS England and she had been copied in to the response. In response to Councillor Hopley she ensured that her response would be sent in her capacity as the Health & Wellbeing Board Chair, and not on behalf of all the Board Members, and agreed to circulate this to the Board when it was sent.

Councillor Avis noted concern for the decreased funding and added that the Green Paper on social care had been delayed. In response the Vice-Chair assured he would get the best deal for Croydon within the National NHS Plan. The Director of Public Health added that the Green Paper for primary prevention was also delayed and this was linked to the NHS Plan.

RESOLVED – That the Board agreed to note the Croydon Health and Care Transformation Plan and the NHS long-term plan.

10/19 **Exclusion of the Press and Public**

This was not required.

The meeting ended at 4.24 pm